Mudita Yoga Studio 200hr Registered Yoga Teacher Training 2024 MUDITA Prospectus

2024 COURSE DATES

1 March – 19 May 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
				1 _{March}	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1 April	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1 May	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19 May
In-studio training				Thursdays 6.15pm – 10.00pm		
				Fridays $7pm - 10.00pm$		
				Saturdays 10.30am – 5pm		
				Sundays 9.30am – 4pm		
4 days Intensive - Retreat				Immersive training retreat		
3 day				Graduation Weekend		
Teaching Practical				Community Class		
School Holiday				29 th March – 14 th April		
Training Break				25 th March – 1 st April		